



**Flo Nicholson**

**Flo Nicholson moved to AdamsPlace from Smyrna, TN in late 2008. She had looked at several retirement communities before settling on AdamsPlace, which won her over initially because of the friendliness of the staff. Her daughters in Franklin and Brentwood, respectively, and son in Florida tell her they are thankful she is settled in with the security and amenities offered here. She already knew several of the residents before she moved in and, she laughs, “I’m not exactly bashful, so I’ve gotten to know a lot of nice and interesting people since I’ve been here!” Flo’s love of bridge and the rest of the activity programs offered at AdamsPlace keep her on the go – “I don’t even have time for a nap!” she quips. One of her favorite aspects of her retirement apartment is the balcony, which enables her to enjoy the outdoors and to “putter with my flowers.”**

**Flo’s warm smile and friendly nature make her a welcome addition to the AdamsPlace community of caring and enthusiastic residents.**